



# FINSTALL FIRST SCHOOL



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**HEADTEACHER: Mr Stuart Evans**

*We care, we share, we learn and achieve*

19<sup>th</sup> April 2018

## Year 4 Bell-boating Journey – 10<sup>th</sup> May 2018

I am writing to inform you that on **Thursday 10<sup>th</sup> May**, we will be taking the children in Year 4 on a Bell boating journey on the canal, starting and finishing in Droitwich.

This trip will be led by Andy Train, a qualified instructor and a former Olympian and World Champion canoeist, and children will wear fitted life-jackets whilst on / near the canal. If you are unfamiliar with bell boats, they are very stable twin-hulled canoes and are a very safe way to learn about boating.

The children will need:-

- a tracksuit and trainers or similar for Bell Boating
- a change of clothes including socks, underwear and shoes
- a towel
- a packed lunch in a disposable bag
- a drink in a refillable water bottle
- warm clothes and water-proofs / sun hat and sun cream depending on the weather forecast

Please also note the precautions contained in the information overleaf / below and please complete and return the reply slip by Tuesday 1<sup>st</sup> May. Should you have any questions about this trip, please don't hesitate to contact either myself or your child's class teacher. Thank you for your continued support.

Yours sincerely,

Stuart Evans  
Head Teacher

## Year 4 Bell-boating Journey 2018

I understand that my child \_\_\_\_\_ of Class \_\_\_\_\_ will be attending the Bell Boating journey on Thursday 10<sup>th</sup> May.



## **SAFETY AND HYGIENE ADVICE**

Paddle-sport on placid water is an enjoyable and safe activity provided buoyancy aids are worn and people are aware of water hygiene. There is now a general awareness of Weil's Disease which is a **rare** illness to which water users may be exposed. The most common symptoms are: a high temperature; influenza-like illness, joint and muscle pains, particularly in the calf muscles.

Anyone falling ill with the symptoms after fishing, sailing, paddle or other water sports, particularly **within the three weeks following** the activity, **MUST** see a doctor and advise him or her of the activity taken part in.

**To prevent infection:** Cover scratches and cuts with water-proof plasters AND wash or shower after water-based activities, particularly before eating.

Before eating their packed lunch, the children will be issued with anti-bacterial gel to ensure that their hands are clean.

